

ABOUT THE PROJECT

RISE: Rise Empowered Above Sexual Violence in Sports is an innovative initiative focused on preventing sexual violence in sports. Sexual violence is a serious social issue that can affect anyone at any time or place, regardless of gender, age or background. By raising awareness about its devastating consequences, and promoting primary prevention actions, the project aims to significantly strengthen efforts to combat it.

The project runs for 36 months and is co-funded by the Erasmus+ programme of the European Union.

PROJECT ACTIVITIES INCLUDE:

- 1) Research Studies conducted to identify and assess the needs of key sports stakeholders in terms of knowledge, skills, sensitization and awareness regarding prevention of sexual violence in sports, and to measure the prevalence of the different forms of sexual violence in sports.
- 2) Development of Protocols, Guides, Handbooks.
- 3) Development of an Educational and Training Programme on Prevention of Sexual Violence in Sports, published on an E-Learning Training Platform
- 4) Educational and Training Actions for Enhancement of Knowledge, Practical Skills and Know-how, as well as Sensitization and Awareness Raising on Prevention of Sexual Violence and development of Educational, Sensitization and Awareness-raising Audio-visual Tools and Materials
- 5) Dissemination and Exploitation of results.

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PODCAST



BENEFICIARIES

Beneficiaries/Target groups: Athletes, Sports Professionals (coaches, sport leaders, sport managers, PE teachers), Sport Academics and Trainers in Sports, Sports Stakeholders (Sports Governing Authorities, Sports Organizations, Sports Clubs), Sport Policy-makers and Policy Experts, Sport Administrators, NGOs and government departments involved in sexual violence prevention and sport fields.

UNITED AGAINST SEXUAL VIOLENCE

Aiming at empowering sports professionals across Europe with the knowledge, tools, and training skills necessary to prevent and respond to sexual violence in sports, two important activities were organized in Cyprus, by the Social Policy and Action Organization. In particular the Train-the-Trainers Workshop “RISE Empowered above sexual violence in sports”, organized in Oroklini for Sports Professionals between 11-14th Sept.2025) and the European Forum “Good Practices for Prevention and Combating of Sexual Violence in Sports”, organized 14th-15th September 2025, in Nicosia and online. The Train-the-Trainers Workshop brought together 25 participants from Austria, Bulgaria, Cyprus, Greece, Italy, and Spain, to strengthen their knowledge and practical skills to identify and prevent sexual violence, exchanged national strategies and good practices, and engaged in open dialogue amplifying the voices of survivors and advocates. The European Forum, held under the auspices of the Cyprus Olympic Committee, gathered more than 75 representatives from institutions, NGOs, and international bodies, online and physically, to present coordinated efforts toward safer and more inclusive sport. The agenda also featured the screening of the documentary “TACK” and concluded with a panel discussion on collaborative prevention mechanisms and victim support systems. The event marked an important step in advancing the project’s mission to build a safer, more respectful sporting environment across Europe, in line with the wider awareness campaign #RiseEmpowered and #SportsAgainstSexualViolence.



Join us in this journey and find out more about #RiseEmpowered:

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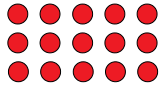
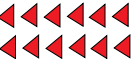
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RISE TRAIN-THE-TRAINERS WORKSHOP IN ATHENS



Between 23 and 26 October 2025, sport professionals and trainers from Cyprus, Italy, Bulgaria, Spain, and Austria attended a Transnational Train-the-Trainers Workshop in Athens, Greece, as part of the “RISE Empowered Above Sexual Violence” project.



Hosted by The American College of Greece and A.S. Altis, the workshop focused on preventing and responding to sexual violence in sport through six thematic modules. The sessions covered:

- Understanding the forms and indicators of sexual violence in sport;
- Step-by-step response and prevention guidelines;
- Bystander intervention practices;
- Empowering Youth Ambassadors against sexual violence;
- Developing social media campaigns for awareness and prevention.

Participants gained practical knowledge and tools to implement at national level, while strengthening collaboration among European sport organizations.



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WP2 PROJECT OUTPUTS

D2.1. COMPREHENSIVE RESEARCH REPORT "PREVALENCE OF SEXUAL VIOLENCE"

This Comprehensive Research Report investigates the prevalence and patterns of sexual violence in sports across Cyprus, Greece, Bulgaria, Austria, Italy and Spain, providing evidence-based insights into who is most affected and under what conditions.

By identifying risk factors and vulnerable groups, the research aims to inform effective interventions and promote safer, inclusive sports environments.



D.2.2. RISE COMPREHENSIVE REPORT "ASSESSMENT OF SENSITIZATION AND AWARENESS NEEDS AND MAPPING OF GOOD PRACTICES FOR PREVENTION OF SEXUAL VIOLENCE"

The RISE comprehensive report evaluates stakeholder sensitization and awareness needs while mapping existing good practices for the prevention of sexual violence in sports across the partner countries.

It provides evidence-based insights to strengthen education, policy development and coordinated prevention efforts aimed at fostering safer and more inclusive sporting environments.



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