



ABOUT THE PROJECT

RISE: Rise Empowered Above Sexual Violence in Sports is an innovative initiative focused on preventing sexual violence in sports.

Sexual violence is a serious social issue that can affect anyone at any time or place, regardless of gender, age or background. By raising awareness about its devastating consequences, and promoting primary prevention actions, the project aims to significantly strengthen efforts to combat it.

The project runs for 36 months and is co-funded by the Erasmus+ programme of the European Union.

PROJECT ACTIVITIES:

- 1) Research Studies conducted to identify and assess the needs of key sports stakeholders
- 2) Development of Protocols, Guides, Handbooks
- 3) Development of an Educational and Training Programme
- 4) Educational and Training Actions
- 5) Dissemination and Exploitation of results

WEBPAGE



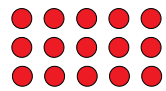
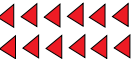
PROMO VIDEO



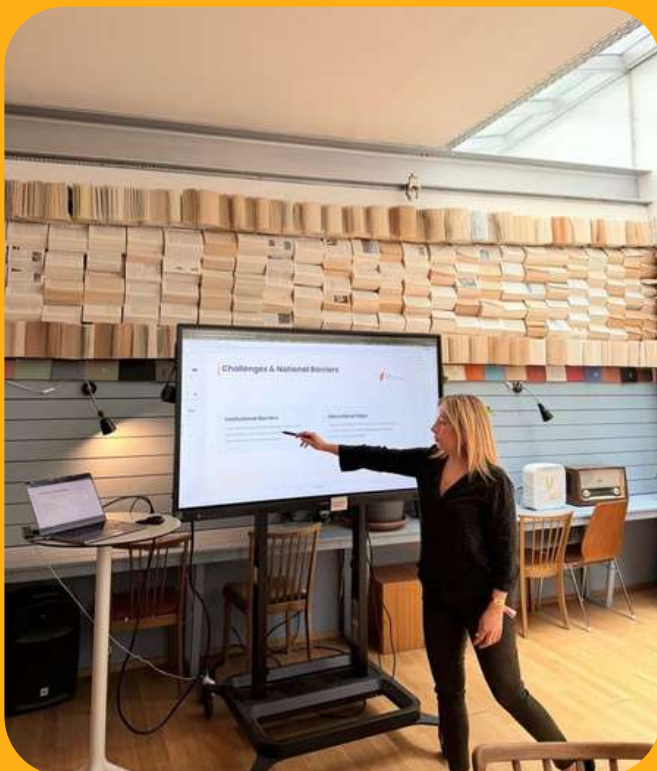
PODCAST



AUSTRIA NATIONAL ROUND TABLE DISCUSSION

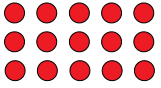
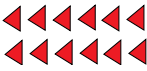


During the Round Table Discussion in Austria on 22nd of May 2026, 11 participants – including coaches, educators, researchers, sports managers, students, and other sports stakeholders, came together to exchange perspectives on creating safer sports environments.



The session focused on safeguarding policies, the prevention of sexual violence and misconduct, athlete wellbeing, and effective reporting mechanisms. Participants also explored the shared responsibilities of sports organizations in fostering respectful, inclusive, and protective environments for everyone involved in sport.

BULGARIA NATIONAL TRAINING WORKSHOPS



A total of eight Training Workshops were delivered in Bulgaria – four for athletes and four for sports professionals and experts – bringing together more than 120 participants from across the sports sector. The main goal of the Training Workshops was to increase awareness and strengthen participants' capacity to prevent and respond appropriately to cases of sexual violence in sport.

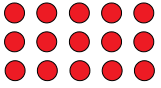
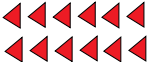


NATIONAL ROUND TABLE DISCUSSION

On April 7, 2026, a Round Table Discussion titled “Effective strategies and actions preventing sexual violence in sports” was also held, with the participation of 22 sports professionals and experts. The event provided a platform for sharing experiences, exchanging best practices, and discussing effective policies for preventing violence in sport.



CYPRUS NATIONAL TRAINING WORKSHOPS



The RISE Training Workshops in Cyprus are being delivered throughout May–September 2026, offering free training for sports professionals, administrators, coaches, referees, and athletes, either in person, online, or in a hybrid format. Supported by the Cyprus Sports Organisation, the workshops have generated strong interest from sports federations and clubs across the country, leading to the extension of the implementation period until September. Participants can choose to follow the full RISE Training Programme or select modules tailored to their specific needs. Several workshops have already taken place in Nicosia and Oroklini, with additional sessions for coaches and athletes scheduled through September 2026.

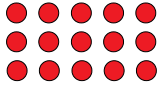
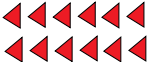


NATIONAL ROUND TABLE DISCUSSION



The RISE Round Table Discussion in Cyprus was held in a hybrid format on 30 March 2026, bringing together 23 representatives from sports organizations, clubs, athletes, coaches, and civil society to discuss the prevention of sexual violence in sport. Through presentations and facilitated dialogue, participants exchanged experiences, identified key challenges, and explored priorities for strengthening safeguarding policies and practices. The outcomes and recommendations from the discussion will contribute to the project's Final Comprehensive Report with Policy Recommendations, to be published in all project languages.

GREECE NATIONAL TRAINING WORKSHOPS



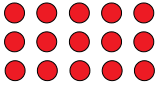
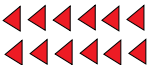
Between March 26th and April 8th 2026, RISE Training Workshops for athletes and sports professionals were held across Greece to promote the prevention of sexual violence in sport. Participants gained practical knowledge on recognising abuse, reporting procedures, and safeguarding practices through interactive sessions. The workshops reinforced the importance of creating safe, respectful, and inclusive sporting environments.

NATIONAL ROUND TABLE DISCUSSION

The RISE Round Table Discussion, organised by A.S. ALTIS on 21 March 2026, brought together sport stakeholders, safeguarding officers, managers, and experts to discuss the prevention of sexual violence in sport. Participants exchanged experiences and explored ways to strengthen safeguarding policies, awareness-raising activities, and athlete protection measures. The event also presented RISE project findings and promoted future cooperation, including upcoming training workshops for athletes and sports professionals.



ITALY NATIONAL TRAINING WORKSHOPS



From February to March 2026, CUS Padova hosted a series of RISE Training Workshops bringing together coaches, sport staff, and athletes in a shared learning environment. The activities combined expert input, discussions, and practical scenarios to explore safeguarding, prevention strategies, athletes' rights, and responsible responses to inappropriate behaviours. The workshops supported participants in building the knowledge and confidence needed to contribute to safer and more inclusive sports settings.

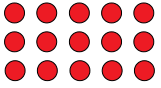
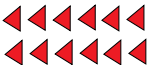


NATIONAL ROUND TABLE DISCUSSION

The CUS Padova Round Table Discussion, held on 23 April 2026, brought together sport stakeholders, safeguarding officers, managers, and university experts to discuss the prevention of sexual violence in sport. Building on the RISE workshops and research findings, participants exchanged good practices and explored ways to improve safeguarding measures, reporting systems, and organisational protocols. The event strengthened collaboration among local stakeholders and highlighted the importance of continued joint efforts to promote safer sports environments.



SPAIN NATIONAL TRAINING WORKSHOPS



Red Deporte delivered 12 RISE Training Workshops in Madrid between 15 March and 1 June 2026, engaging athletes, sports professionals, and education sector participants. The sessions combined classroom-based learning with sport-focused activities, using football as a context to explore challenges related to safety and inclusion. A total of 79 participants took part, benefiting from the expertise and experience developed through previous RISE activities.



NATIONAL ROUND TABLE DISCUSSION



The Round Table Discussion was held in Madrid on 9 June 2026, bringing together 24 experts from the sports and education sectors to address the prevention of violence against women in sport. The event provided a space for diverse perspectives and dialogue on strengthening awareness and integrating prevention education in schools and sports organisations. Participants highlighted the value of continued collaboration between the sports and educational communities to promote safer environments.

NO

TO SEXUAL VIOLENCE

Join us in this journey and find out more about
#RiseEmpowered:

WEBPAGE



PROMO VIDEO



PODCAST



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